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NEWSLETTER · IN CONVERSATION WITH ANNA TITKOVA

# Systems that endure

Dr Anna Titkova — International Operations Director at Pratia — on leading pan-European clinical trial operations while her homeland endures war, and keeping compassion at the centre of every decision.

Anna Titkova leads international operations at Pratia, one of Europe's largest clinical trial site networks — work that would be demanding in any circumstance, and which she has carried out through the ongoing war in Ukraine, her home country. Born in Kharkiv, she was forced to flee in February 2022 and has been based in Poland since. This was, in fact, a return conversation: Anna was one of the first guests I spoke with back in 2023.



**We thought it might be for a few days. It has been three and a half years.**

— Anna Titkova, on Pharma Prescribed

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## Leadership under conditions no plan covers

Anna speaks plainly about the reality: a full-scale invasion in February 2022, a family and a company forced to relocate, and an expectation that it might last days or weeks that has instead stretched to years. Through all of it, she has kept a pan-European operation running — the kind of continuity that only

holds because someone insists on building systems that endure rather than systems that assume calm.

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## Welcomed, and rebuilding

She's warm about Poland, which has become a second home, and about the Polish people who welcomed her; Pratia's headquarters there made it the natural base. It's a quiet study in resilience: not the absence of upheaval, but the steady work of rebuilding operations, and lives, on new ground.

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## Compassion as method

What comes through most is her insistence on keeping compassion at the centre of decisions — for patients, for teams, for the people behind the operational metrics. In an industry that can hide behind process, hearing someone lead with humanity from inside genuine hardship is a useful corrective for the rest of us.



### Listen to the full episode

Anna Titkova on Pharma Prescribed — at [pharmaprescribed.com](https://pharmaprescribed.com) and wherever you get your podcasts.

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**Dr Anna Titkova** is International Operations Director and Country Head of Pratia Ukraine, part of one of Europe's largest clinical trial site networks.