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NEWSLETTER · IN CONVERSATION WITH WESSAM SONBOL

The barriers his mother faced

Wessam Sonbol — founder of Delve Health — on decentralised trials built from personal experience, and a patient-first mission to make research accessible to everyone, everywhere.

Wessam Sonbol has spent more than twenty-five years in healthcare technology, and leads Delve Health, whose decentralised-trial platform blends wearables, telehealth and AI. But the engine underneath is personal: his approach is shaped by his own family's experience, and a determination that no patient should face the barriers his mother once did.



No patient should face the barriers my mother did.

— Wessam Sonbol, on Pharma Prescribed

Personal experience, built into the product

The most durable missions tend to start close to home. Wessam's patient-first design isn't an abstraction; it's an attempt to remove, at scale, the specific obstacles that once stood between someone he loved and the care she needed.

Meeting patients where they are

Delve Health's decentralised model — wearables, telehealth, remote data — exists to bring the trial to the patient rather than the other way around. He points to concrete results: meaningful reductions in patient dropout and faster completion. The barrier being dismantled is the simplest and cruellest one: distance.

Accessible to everyone, everywhere

The ambition is deliberately global. In a field where geography still decides who gets access to research, insisting that a trial should reach anyone, anywhere is both a technical goal and a moral one.



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Wessam Sonbol *is the founder of Delve Health, a decentralised clinical-trial platform combining wearables, telehealth and AI.*